

HEALTH SCRUTINY PANEL

12 SEPTEMBER 2008

EMOTIONAL WELLBEING & MENTAL HEALTH IN MIDDLESBROUGH EVIDENCE FROM MIDDLESBROUGH MIND

PURPOSE OF THE REPORT

1. To introduce representation from Middlesbrough MIND, in attendance to provide their views on Emotional Wellbeing & Mental Health services in Middlesbrough and the ways in which they could be developed in the future.

RECOMMENDATIONS

2. That the Health Scrutiny Panel notes the views put forward by Middlesbrough MIND, asks any questions felt appropriate and incorporates the information collected into the overall review.

CONSIDERATION OF REPORT

3. As Members are aware, the Health Scrutiny Panel is presently conducting a review into Emotional Wellbeing & Mental Health in Middlesbrough. As part of the evidence gathering process, the Panel will be receiving a quantity of evidence from the local NHS which is outlined elsewhere on today's agenda.
4. In addition to the local NHS, gaining relevant voluntary sector expertise is a very useful step to take, as such organisations can often provide a different perspective on the same issues, which adds to the breadth and depth of information considered by the Panel.
4. It is to this end that Middlesbrough MIND have been invited to attend today's meeting and address the Panel. By way of background for the Panel, according to MIND's website:

“Mind is the leading mental health charity in England and Wales. We work to create a better life for everyone with experience of mental distress by:

- Advancing the views, needs and ambitions of people with mental health problems
- Challenging discrimination and promoting inclusion
- Influencing policy through campaigning and education
- Inspiring the development of quality services which reflect expressed need and diversity
- Achieving equal rights through campaigning and education”¹

5. Representatives from Middlesbrough MIND have been asked to attend today’s meeting and speak around the following themes.

5.1 How does MIND feel local Mental Health Services are currently performing in Middlesbrough?

5.2 Does MIND feel that services in Middlesbrough promote Emotional Wellbeing as well as treating poor mental health?

5.3 How would Middlesbrough MIND look to improve Emotional Wellbeing & Mental Health in Middlesbrough and the services provided to deal with such issues.

5.4 In the view of Middlesbrough MIND who are the groups who tend to be at highest risk of poor mental health?

6. It is anticipated that Middlesbrough MIND representatives will initially outline their views around the questions at 5.1-5.4. Following that, the Panel is invited to ask any questions felt pertinent to the review and discuss the ideas presented. The information gathered at today’s meeting will form part of the evidence considered by the Panel in the review.

BACKGROUND PAPERS

7. No background papers were used in the preparation of this report.

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¹ Please see <http://www.mind.org.uk/About+Mind>